

DAV PUBLIC SCHOOL, KOYLANAGAR, DHANBAD

SESSION 2025-26

MONTHWISE BIFURCATED SYLLABUS

CLASS-XI

STREAM-SCIENCE, COMMERCE & ARTS

SUBJECTS

- ► 1.ENGLISH
- > 2.PHYSICS
- ➤ 3.CHEMISTRY
- ➤ 4.MATHEMATICS
- ➢ 5.APPLIED MATHEMATICS
- ➢ 6.BIOLOGY
- ➤ 7.ACCOUNTANCY
- ➢ 8.BUSINESS STUDIES
- ➢ 9.ECONOMICS
- > 10.INFORMATICS PRACTICES
- ➤ 11.HINDI
- ► 12.PHYSICAL EDUCATION
- ➤ 13.HISTORY
- ➤ 14.POLITICAL SCIENCE
- ➤ 15.FINE/COMM. ART

D.A.V. PUBLIC SCHOOL,KOYLANAGAR ,DHANBAD Month Wise Syllabus Class XI - 2025-26 (Physics - Theory)

Month	UNIT / CHAPTERS	Experiment
JULY	UNIT – I Physical World and Measurement Chapter–1: Units and Measurements Unit-II Kinematics Chapter–2: Motion in a Straight Line	1.To measure diameter of a small spherical/cylindrical body and to measure internal diameter and depth of a given beaker/calorimeter using Vernier Callipers and hence find its volume.
		1.ActTo make a paper scale of given least count, e.g., 0.2cm, 0.5 cm.
	Chapter-3: Motion in a Plane	1. To measure diameter of a given
	UNIT – III Laws of Motion	wire and thickness of a given sheet using screw gauge.
AUGUST	Chapter-4: Laws of Motion	1 Act -
	UNIT – IV Work, Energy and Power	To study the variation in range of
	Chapter-5: Work, Energy and Power	a projectile with angle of projection.
	UNIT – V Motion of System of Particles and Rigid Body	1.To determine volume of an
SEPTEMBER	Chapter–6: System of Particles and Rotational Motion	irregular lamina using screw gauge. 2 To determine radius of curvature of a given spherical surface by a spherometer.
	UNIT – VI Gravitation	
OCTOBER	UNIT – VII Properties of Bulk Matter	using parallelogram law of vectors.
	Chapter–8: Mechanical Properties of Solids	1.ActTo study the conservation of energy of a ball rolling down on an inclined plane (using a double inclined plane).
NOVEMBER	Chapter–9: Mechanical Properties of Fluids Chapter–10: Thermal Properties of Matter	1.To determine the mass of two different objects using a beam balance
	Unit-VIII Thermodynamics	1.Using a simple pendulum, plot its
DECEMBER	Chapter-11: Thermodynamics	graph and use it to find the effective length of second's pendulum.
	Unit–IX Behaviour of Perfect Gases and Kinetic Theory of Gases Chapter–12: Kinetic Theory (Partly) Equation of state of a perfect gas, work done in compressing a gas.	2. To study variation of time period of a simple pendulum of a given length by taking bobs of same size but different masses and interpret the result
JANUARY	Unit–IX Behaviour of Perfect Gases and Kinetic Theory of Gases (REST) Unit–X Oscillations and Waves Chapter–13: Oscillations Chapter–14: Waves	1.To study the relationship between force of limiting friction and normal reaction and to find the co- efficient of friction between a block and a horizontal surface.
	1	

DAV PUBLIC SCHOOL KOYLANAGAR DHANBAD

Monthwise Syllabus for the session 2025-26

Subject: Chemistry. Class: XI

Monthwise chapters to be learnt are mentioned here.

For details of the syllabus, download the syllabus issued by CBSE Academic for the session 2025-36(<u>www.cbseacademic.nic.in</u>)

Month	Units	Chapter	Practical/project work
June -2025	Unit-1	a)Some basic concepts of chemistry.	
		b)The gaseous state of matter.(This chapter is not for summative assessment but fomatively assessed.	
July-2025	Unit-II Unit -III	a)Structure of Atoms b)Classification of elements and periodicity in properties	Project work Salt analysis.
August -2025	Unit -IV Unit -V	a)Chemical bonding and molecular structure.	Salt analysis
		b)Chemical thermodynamics 1st Unit Test…in the last week of July.	
September -2025		Revision work,. Mid TERM Examination…	Practical examination
October -2025	Unit -VI	a)Equilibrium . b)S and P block elements (This chapter is not for summative assessment but fomatively assessed)	Salt analysis
November -2025	Unit -VII Unit -VIII	a)Redox Reaction. b)Some basic concepts and Techniques of Organic chemistry.	Salt analysis

December -2025	Unit -IX	Aliphatic Hydrocarbons (Alkanes and Alkenes) 2nd unit test	Acid- Base titration
January -2026	Unit- IX	Aliphatic Hydrocarbons (Alkanes)and Aromatic hydrocarbon- Benzene	Content based experiment
February -2025		Revision work Annual examination	
March-2025			Practical examination

NB: I)Practical/Project work as per CBSE guidelines.

ii)(a)The Gaseous state of matter and (b)S and P block elements are

included in the syllabus and Fomatively assessed for reinforcement and understanding but not for summative assessment.

DAV PUBLIC SCHOOL, KOYLANAGAR DHANBAD

Monthwise Syllabus for the session 2025-26

Class-XI Subject-Mathematics (041)

The monthwise chapters to be learnt are mentioned here.For details of the syllabus download the syllabus issued by CBSE Academic for the session 2025-26 (www.cbseacademic.nic.in)

Month	Unit	Chapter	Activity/project
June 2025	I	Sets &	Activity -1
		Functions	To find the number of subsets of a given set and
		1.sets	verify that there are 2power n subsets of a sets in
			which n is the number of element.
July 2025	I	2. Relation and	Activity 2-To represent set theoratic operation using
		functions	venn diagrams.
		3.Trigonometric	Activity 3 To distinguish between a Relation and
		Functions.	functions
		Unit Test-1	
August2025	П	Algebra	Activity -4 To plot the graphs of sinx,
	And	1.Complex	Sin2x,2sinx,sinx/2 using same coordinate axes
	Ш	number and	Activity -5 To interpret geometrically of i
		Quadratic	I =V-1 and its integral power.
		equations	
		2.Linear	
		Inequalities	
		3.Sequence	
		and series	
		Coordinate	
		Geometry	
		Straight lines	
		(Details study	
		as per CBSE	
		syllabus)	
September		Revision work	
2025			

		Mid Term	
Octobor	11		Activity 6. To construct a BASCALS Triangle and to
2025	and	Algebia A Dormutations	write binemial expansion for a given positive
2025		4.Permutations	integral expansion for a given positive
	111	& Combination	Activity 7 To construct different types of Conic
		5.DINUMIA	Activity -7 to construct different types of conic
		Coordinate	sections.
		Coordinate	
		Geometry	
		2. Conic	
		Sections	
		Circle,	
		parabola,	
		Ellipse,	
		Hyperbola	
November		3.Introduction	Activity 8-To explain the concept of octants by three
2025	and	of Three	mutually perpendicular plane in space.
	IV	dimensional	Activity 9 -To find analytically f(x)=x2-c^2/x-c
		geometry.	Limit x tend to c
		Calculus	
		1. Limits and	
		Derivatives.	
December		Revision work	
2025		And	
		Unit Test-2	
January	V	Statistics &	Activity 10 -To write the sample space, when a coin
2026		Probability	is tossed once,two times, Three times, four times.
		(Details study	
		as per CBSE	
		syllabus)	
February		Revision work	
and March		Annual	
2026		Examination	
		&	
		Result	

Note --- Activity/project work as per CBSE guideline.

DAV PUBLIC SCHOOL KOYLA NAGAR DHANBAD (2025-2026)

Month wise syllabus of std. XI Subject: Biology

Months	Chapters name	Experiment /Project	
	·	name	
June (08 days)	Unit-I Diversity of	Study and describe	
	living organism		
	worlds	Solallaceae.	
July (27 days)	Chapter-2 Biological	Preparation and	
	classification	study of T.S of dicot	
	Kingdom	stem and leaf	
	Chapter-4 Animal		
	Kingdom		
August (24days)	****1st Unit Test	Potatoosmometer	
	Unit-II Structural		
	plants& animals		
	Chapter-5		
	Morphology of		
	flowering plants		
	Chapter-6 Anatomy		
September(23 days)	Chapter-7 Structural	Study of plasmolysis	
	organisation in	and different stages	
	animals	of mitosis slide.	
	Revision work &		
Octobor (22days)	MID TERM EXAM	Study of	
	Structure and	transpiration from	
	function	leaf surface and	
	Chapter-8 Cell-The	competitive study	
	unit of life		
	Chapter-9 Bio		
	Chapter-10 Cell		
	cycle & cell division		
November (24days)	Unit IV: Plant	Identification and	
	Physiology	description of	
	Photosynthesis in	specimen of plants	
	higher plants	and animals	
	Chapter:12		
	Respiration in plants		
	Chapter13: Plant		
	development		
December (26davs)	Unit-V: Human	Study of permanent	
	Physiology	slides	

	Chapter14:Breathing & exchange of gases Chapter:15 Body fluid& circulation		
January (22days)	Chapter:16 Excretory products and their elimination Chapter:17 Locomotion and movement	Study and describe the Morphology of plants	
February & March (24 days). (24 days)	Chapter:18 Neural control and coordination Chapter:19 Chemical coordination and integration Revision work Annual Examination	Revision of all practical	

Note: 1 Digestion and absorption Chapter assessed only formative without adding to summative

2-Download the syllabus from CBSE academic website for the session 2025-2026 and follow the Chapter wise details.

DAV PUBLIC SCHOOL, KOYLANAGAR, DHANBAD.

MONTH WISE CBSE SYLLABUS OF SESSION 2025-2026.

CLASS – XI INFORMATICS PRACTICES(065) CBSE SYLLABUS

MONTH	TOPICS	PERIOD
JUNE	Unit 1: Introduction to Computer System Introduction to computer and computing: evolution of computing devices, components of a computer system and their interconnections, Input/output devices. Computer Memory: Units of memory, types of memory – primary and secondary, data deletion, its recovery and related security concerns. Software: purpose and types – system and application software, generic and specific purpose software.	
JULY	Unit 2: Introduction to Python Basics of Python programming, execution modes: - interactive and script mode, the structure of a program, indentation, identifiers, keywords, constants, variables, types of operator, precedence of operators, data types, mutable and immutable data types, statements, expression evaluation. comments, input and output statements, data type conversion, debugging. Control Statements: if-else, if-elif-else, while loop, for loop	
AUGUST	Unit 2: Introduction to Python UNIT TEST 1 Lists: list operations - creating, initializing, traversing and manipulating lists, list methods and built-in functions – len(),list(),append(),insert(), count(),index(),remove(), pop(), reverse(), sort(), min(),max(),sum()	
SEPTEMBER	REVISION OF UNIT 1 AND UNIT 2 MID TERM - EXAMINATION	
OCTOBER	UNIT-2 Dictionary: concept of key-value pair, creating, initializing, traversing, updating and deleting elements, dictionary methods and built-in functions – dict(), len(), keys(), values(), items(), update(), del, clear()	
NOVEMBER	Unit 3: Database concepts and the Structured Query Language Database Concepts: Introduction to database concepts and its need, Database Management System. Relational data model: Concept of domain, tuple, relation, candidate key, primary key alternate key	
DECEMBER	Unit 3: Database concepts and the Structured Query Language Advantages of using Structured Query Language, Data Definition Language, Data Query Language and Data Manipulation Language, Introduction to MySQL, creating a database using MySQL, Data Types Data Definition: CREATE DATABASE, CREATE TABLE, DROP, ALTER Data Query: SELECT, FROM, WHERE with relational operators, BETWEEN, logical operators, IS NULL, IS NOT NULL Data Manipulation: INSERT, DELETE, UPDATE	

JANUARY	Unit 4: Introduction to the Emerging Trends Artificial Intelligence, Machine Learning, Natural Language Processing, Immersive experience (AR, VR), Robotics, Big data and its characteristics, Internet of Things (IoT), Sensors, Smart cities, Cloud Computing and Cloud Services (SaaS, IaaS, PaaS); Grid Computing, Block chain technology.	
FEBRUARY	REVISION ANNUAL EXAMINATION:-2025 -2026	

NOTE :- PRACTICALS ARE TO DONE AS PER CBSE NORMS.

डीएवी पब्लिक स्कूल कोयलानगर, धनबाद

सीबीएसई आधारित पाठ्यक्रम

कक्षा- ∎∎ वीं

विषय- हिंदी (आधार)

सत्र **-2025-26**

माह	पाठ्य पुस्तक	पाठ व विषय वस्तु
जून	आरोह भाग -1	गद्य खंड पाठ -1 नमक का दरोगा
		काव्य खंड पाठ-1 पद -1 हम तौ एक-
	वितान भाग-1	एक करि जाना
		पाठ -1 भारतीय गायिकाओं में बेजोड़
	अभिव्यक्ति और माध्यम	लता मंगेशकर
		जनसंचार माध्यम और पत्रकारिता के
		विविध आयाम
जुलाई	आरोह भाग -1	गद्य खंड पाठ-2 मियां नसीरुद्दीन
		काव्य खंड पाठ- 2 पद -1 मेरो तो
	वितान भाग-1	गिरधर गोपाल दूसरो न कोई
	अभिव्यक्ति और माध्यम	पाठ -2 राजस्थान की रजत बूंदें
		अप्रत्याशित लेखन,शब्दकोश, संदर्भ
		ग्रंथों की उपयोगी विधि और परिचय,
		कार्यालयी लेखन और प्रक्रिया
अगस्त	आरोह भाग -1	गद्य खंड पाठ-3 अप्पू के साथ ढाई
		साल
		काव्य खंड पाठ -3 घर की याद
		पाठ -4 चंपा काले- काले अक्षर नहीं
	अभिव्यक्ति और माध्यम	चीन्हती
		डायरी लिखने की कला, कथा
		-पटकथा
		परियोजना कार्य(पाठ्याधारित)
सितंबर	आरोह भाग -1	गद्य खंड पाठ- 4 विदाई संभाषण
	अभिव्यक्ति और माध्यम	स्ववृत्त लेखन और रोजगार संबंधी
		आवेदन पत्र
		मध्यावधि परीक्षा

अक्टूबर	आरोह भाग -1	गद्य खंड पाठ- 5 गलता लोहा चन्न संच प्रकट करना
		काव्य खड पाठ-১ गजल
नवंबर	आरोह भाग -1	गद्य खंड पाठ- 6 रजनी
		काव्य खंड पाठ-6 हे भूख मत मचल
	वितान भाग -1	हे मेरे जूही के फूल जैसे ईश्वर
		पाठ-3 आलो आंधारी
दिसंबर	आरोह भाग -1	गद्य खंड पाठ-7 जामुन का पेड़
		काव्य खंड पाठ -7 सबसे खतरनाक
		परियोजना कार्य(पाठ्याधारित)
जनवरा	आराह भाग -1	गद्य खड पाठ- ४ भारत माता
		काव्य खंड पाठ-8 आओ मिलकर
		बचाएं
फरतरी		तार्षिक परीक्षा
भरपरा		भाषभ पराषा

DAV PUBLIC SCHOOL, KOYLANAGAR, DHANBAD

SYLLABUS BIFURCATION MONTH-WISE SESSION 2025-26

CLASS –XI ACCOUNTANCY

MONTH (No. of Working Days)	CHAPTERS TO BE TAUGHT
JUNE (08 DAYS)	UNIT -1 Theoretical Framework
	Introduction to Accounting
	(Details refer from CBSE Curriculum 2025-26)
JULY (27 DAYS)	Theory Base of Accounting
	UNIT-2 Accounting Process
	Recording business transaction
	(Details refer from CBSE Curriculum 2025-26)
AUGUST (24 DAYS)	Recording Business Transaction
	Bank Reconciliation Statement
	Cash Book
	Special Subsidiary Book
	(Details refer from CBSE Curriculum 2025-26)
SEPTEMBER (23	Financial Statement (Without Adjustment)
DAYS)	(Details refer from CBSE Curriculum 2025-26)
MID TERM EXAM A	AT THE SECOND WEEK OF SEPTEMBER TENTATIVELY
MID TERM EXAM A	AT THE SECOND WEEK OF SEPTEMBER TENTATIVELY
MID TERM EXAM A	FINANCIAL STATEMENT (With adjustment)
MID TERM EXAM A OCTOBER (13 DAYS) NOVEMBER (21 DAYS)	FINANCIAL STATEMER TENTATIVELY FINANCIAL STATEMENT (With adjustment) Financial Statement (With &Without Adjustment)
MID TERM EXAM A OCTOBER (13 DAYS) NOVEMBER (21 DAYS)	FINANCIAL STATEMER TENTATIVELY FINANCIAL STATEMENT (With adjustment) Financial Statement (With &Without Adjustment) Rectification Of Errors
MID TERM EXAM A OCTOBER (13 DAYS) NOVEMBER (21 DAYS)	FINANCIAL STATEMER TENTATIVELY FINANCIAL STATEMENT (With adjustment) Financial Statement (With &Without Adjustment) Rectification Of Errors Depreciation
MID TERM EXAM A OCTOBER (13 DAYS) NOVEMBER (21 DAYS)	FINANCIAL STATEMER TENTATIVELY FINANCIAL STATEMENT (With adjustment) Financial Statement (With &Without Adjustment) Rectification Of Errors Depreciation (Details refer from CBSE Curriculum 2025-26)
MID TERM EXAM A OCTOBER (13 DAYS) NOVEMBER (21 DAYS) DECEMBER (20 DAYS)	FINANCIAL STATEMENT (With adjustment) Financial Statement (With &Without Adjustment) Rectification Of Errors Depreciation (Details refer from CBSE Curriculum 2025-26) Depreciation (Provision for Depreciation)
MID TERM EXAM A OCTOBER (13 DAYS) NOVEMBER (21 DAYS) DECEMBER (20 DAYS)	FINANCIAL STATEMER TENTATIVELY FINANCIAL STATEMENT (With adjustment) Financial Statement (With &Without Adjustment) Rectification Of Errors Depreciation (Details refer from CBSE Curriculum 2025-26) Depreciation (Provision for Depreciation) (Details refer from CBSE Curriculum 2025-26)
MID TERM EXAM A OCTOBER (13 DAYS) NOVEMBER (21 DAYS) DECEMBER (20 DAYS) JANUARY (18 DAYS)	FINANCIAL STATEMENT (With adjustment) Financial Statement (With &Without Adjustment) Rectification Of Errors Depreciation (Details refer from CBSE Curriculum 2025-26) Depreciation (Provision for Depreciation) (Details refer from CBSE Curriculum 2025-26) Incomplete Records
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MID TERM EXAM A OCTOBER (13 DAYS) NOVEMBER (21 DAYS) DECEMBER (20 DAYS) JANUARY (18 DAYS)	AT THE SECOND WEEK OF SEPTEMBER TENTATIVELY FINANCIAL STATEMENT (With adjustment) Financial Statement (With &Without Adjustment) Rectification Of Errors Depreciation (Details refer from CBSE Curriculum 2025-26) Depreciation (Provision for Depreciation) (Details refer from CBSE Curriculum 2025-26) Incomplete Records (Details refer from CBSE Curriculum 2025-26) Project File. Sample Paper Solving.
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DAV PUBLIC SCHOOL, KOYLANAGAR, DHANBAD

SYLLABUS BIFURCATION MONTH-WISE SESSION 2025-26

CLASS – XI BUSINESS STUDIES

MONTH (No. of Working Days)	CHAPTERS TO BE TAUGHT
JUNE (08 DAYS)	PART –A
	1. NATURE & PURPOSE OF BUSINESS
	(Details refer from CBSE Curriculum 2025-26)
JULY (27 DAYS)	2. Forms of BUSINESS ORGANISATION
	3. PUBLIC , PRIVATE & GLOBAL ENTERPRISE
	(Details refer from CBSE Curriculum 2025-26)
AUGUST (24DAYS)	4. BUSINESS SERVICES
	5. EMERGING MODES OF BUSINESS
	(Details refer from CBSE Curriculum 2025-26)
SEPTEMBER (23	6.SOCIAL RESPONSIBILITY OF BUSINESS AND BUSINESS ETHICS
DAYS)	(Details refer from CBSE Curriculum 2025-26)
MID TERM EX	AM AT THE SECOND WEEK OF SEPTEMBER TENTATIVELY
OCTOBER	PART-B
(13DAYS)	7 . SOURCES OF BUSINESS FINANCE
	(Details refer from CBSE Curriculum 2025-26)
NOVEMBER (21	7 SOURCES OF BUSINESS FINANCE Contd
DAYS)	8 SMALL BUSINESS
	(Details refer from CBSE Curriculum 2025-26)
DECEMBER (20	9. INTERNAL TRADE
DAYS)	(Details refer from CBSE Curriculum 2025-26)
JANUARY (18	10. INTERNATIONAL BUSINESS
DAYS)	(Details refer from CBSE Curriculum 2025-26)
	PROJECT FILE
	SAMPLE PAPER SOLVING

Month	Chapters covered
June	Unit1- introduction (statistics)
July	Unit 4- Introduction (micro-economics) Unit 2-Collection organisation and presentation of data
August	Unit 5 -Consumers equilibrium and demand
September	Unit 3 -(measures of Central tendency)-Arithmetic mean and mid term exam.
October	Unit 3 (continues)-median and mode
November	Unit 6- Produces behaviour and supply
December	Measures of correlation and index number
January	Unit 7- Perfect competition- price determination and simple applications
February	Project in economics and revision.

DAV PUBLIC SCHOOL KOYLA NAGAR DHANBAD MONTH WISE BIFURCATED SYLLABUS SESSION (2025-26)

CLASS - XI

SUBJECT – PHYSICAL EDUCATION

MONTH	CHAPTER TO BE TAUGHT	EXPERIMENTS/PROJECT
		WORKS/ ACTIVITIES
APRIL	UNIT 1 - CHANGING TRENDS &	. CONCEPT, AIMS &
(23 DAYS)	CAREERS IN PHYSICAL	OBJECTIVES OF PHYSICAL
	EDUCATION	EDUCATION
		. CHANGING TRENDS IN
		SPORTS, PLAYING SURFACE.
		WEARABLE GEARS & SPORTS
		EOUIPMENT.
		TECHNOLOGICAL
		ADVANCEMENT
		. CAREER OPTION IN
		PHYSICAL EDUCATION
		. KHELO INDIA PROGRAM &
		FIT INDIA PROGRAM.
MAY	UNIT 2 - OLYMPISM VALUE	OLYMPISM- CONCEPT AND
(11 DAYS)	EDUCATION	OLYMPICS VALUE
		(EXCELLENCE, FRIENDSHIP.
		AND RESPECT)
		OLYMPIC VALUE
		EDUCATION - JOY OF
		EFFORT. FARE PLAY. RESPECT
		FOR OTHERS PURSUIT OF
		EXCELLENCE BALANCE
		AMONG BODY WILL AND
		MIND
		ANCIENT AND MODERN
		OLYMPICS
		OLIMITES OLVMPICS – SVMBOLS
		$\frac{1}{10000000000000000000000000000000000$
		ANTHEM
		OI VMPIC MOVEMENT
		STRUCTURE IOC NOC IES
		OTHED MEMBEDS
		OTHER MEMBERS
UINE		MEANINC AND IMPORTANCE
(08 DAVS)	01111 3 - 100 A	OF VOCA
(00 DA15)		INTRODUCTION OF
		VOCIC KDIVAS (SHAT
		· TOGIC KKI IAS (SHAT VADMA)
		DDANAVAMA AND ITS TVDES
		ACTIVE I IEE STVLE AND
		ACTIVE LIFE STYLE AND STDESS MANACEMENT
		SINESS MANAGEMENT TUDOUCH VOCA
	ΈΝΥ Α ΜΕΙΝΙ Α ΤΡΙΩΝΙ / ΤΡΕΝΙΤΡΑ ΤΡΙΧΤΕΡΙ Χ7	
rke - mid iekni	EAAMINATION (TENTATIVELY	4***WEEK UFJULY)

JULY	UNIT 4 - PHYSICAL EDUCATION	. CONCEPT OF DISABILTIY
(27 DAYS)	AND SPORTS FOR CHILDERN	AND DISORDER
	WITH SPECIAL NEEDS	. TYPE OF DISABILITY, ITS
		CAUSES AND NATURE
		(INTELLECTUAL DISABILITY.
		AND PHYSICAL DISABILITY)
		DISABILITY ETIOUETTE
		AIM AND OBJECTIVE OF
		ADAPTIVE PHYSICAL
		EDUCATION
		ROLE OF VARIOUS
		PROFESSIONALS FOR
		CHILDREN WITH SPECIAL
		NEEDS (COUNSELLOR
		OCCUPATIONAL THERAPIST
		PHVSIOTHERAPIST
		PHVSICAL EDUCATION
		TEACHED SPEECH
		THEDADIST AND SDECIAL
		THERAFIST AND SPECIAL
AUCUST	LINET 5 DELVOLOAL ETTNESS	EDUCATOR)
	UNIT 5 - PHYSICAL FITNESS,	. WEANING AND IMPORTANCE
(24 DAY)	WELLNESS & LIFESTYLE	OF WELLNESS HEALTH AND
		PHYSICAL FITNESS.
		. COMPONENTS / DIMENSION
		OF WELLNESS, HEALIH AND
		PHYSICAL FITNESS
		. TRADITIONAL SPORTS AND
		REGIONAL GAMES FOR
		PROMOTING WELLNESS
		. LEADERSHIP THROUGH
		PHYSICAL ACTIVITY AND
		SPORTS
		. INTRODUCTION TO FIRST
		AID (PRICE)
SEPTEMBER	UNIT 6 – TEST, MEASUREMENT	. DEFINE TEST,
23 DAYS	AND EVALUATION	MEASUREMENT &
		EVALUATION
		. IMPORTANCE OF TEST,
		MEASUREMENT &
		EVALUATION IN SPORTS
		. CALCULATION OF BMI,
		WAIST – HIP RATIO, SKIN
		FOLD MEASURMENT (3 –
		SITE)
		. SOMATO TYPES
		(ENDOMORPHY,
		MESOMORPHY &
		ECTOMORPHY)
		. MEASURMENT OF HEALTH
		RELEATED FITNESS.
MID - TERM	EXAMINATION (TENTATIVELY	2 ND WEEK OF SEPTEMBER)
OCTOBER	UNIT 7 – FUNDAMENTALS OF	. DEFINATION AND IMPORTANCE
22 DAYS	ANATOMY, PHYSIOLOGY IN SPORTS	OF ANATOMY&PHYSIOLOGY IN
		EXERCISE AND SPORTS

		. FUNCTION OF SKELETAL SYSTEM CLASSIFICATION OF BONE AND TYPES OF JOINTS. . PROPERTIES AND FUNCTIONS OF MUSCLES. . STRUCTURE AND FUNCTION OF CIRCULATORY SYSTEM AND HEART . STRUCTURE AND FUNCTION OF RESPIRATORY SYSTEM
NOVEMBER 24 DAYS	UNIT 8 – FUNDAMENTALS OF KINESIOLOGY AND BIO-MECHANICS IN SPORTS	. DEFINATION AND IMPORTANCE OF KINESIOLOGY AND BIO- MECHANICS IN SPORTS . PRINCIPLES OF BIO- MECHANICS . KINETICS AND KINAMATICS IN SPORTS . TYPES OF BODY MOVEMENTS (FLEXION, ABDUCTION, ADDUCTION, ROTATION, CIRCUMDUCTION, SUPINATION&PRONATION) . AXIS AND PLANES (CONCEPT AND ITS APPLICATION IN BODY MOVEMENTS)
DECEMBER 26 DAYS	UNIT 9 – PSYCHOLOGY AND SPORTS	. DEFINATION AND IMPORTANCE OF PSYCHOLOGY IN PHYSICAL EDUCATION AND SPORTS . DEVLOPMENTAL CHARACTERISTICS AT DIFFERENT STAGES OF DEVELOPMENT . ADOLESCENT PROBLEMS AND THEIR MANAGEMENT. . TEAM COHESION AND SPORTS . ITRODUCTION TO PSYCHOLOGY ATTRIBUTES (ATTENTION, RESILIENCE, MENTAL TOUGHNESS)
JANUARY 24 DAYS	UNIT 10 – TRANING AND DOPING IN SPORTS	. CONCEPT AND PRINCIPLES OF SPORTS TRAINING . TRAINING LOAD, OVER LOAD, ADAPTATION AND RECOVERY . WARMING – UP AND LIMBERING DOWN TYPES , METHOD AND IMPORTANCE . CONCEPT OF SKILL, TECHNIQUE, TACTICS AND STRATEGIES . CONCEPT OF DOPING AND ITS DISADVANTAGES.

DAV Public School, Koyla Nagar Dhanbad

Syllabus – Political Science

Class -XI

<u>Session – 2025-2026</u>

Book A – Indian Constitution | Book B – Political Theory

Month	Chapter to be Taught	Activity / Project
June (8 days)	1A. Constitution: Why and How?1B. Political Theory: AnIntroduction	Draft a mini Constitution of your school, outlining Rights, Duties and Rules.
July (27 days)	 2A. Rights in the Indian Constitution 2B. Freedom 3A. Election and Representation Pre Mid term Examination (Tentatively from the 4th week of July) 	Conduct a mock election in your class including nominations, campaigns, voting, and results
August (24 days)	3B. Equality4A. Executive4B. Social Justice5A. Legislature	Research and present a comparison of the Indian and the U.S. Presidential Systems.
September (23 days)	Revision + Mid Term Examination (Tentatively from 2nd week)	
October (22 days)	5B. Rights 6A. Judiciary 6B. Citizenship	Create a short documentary on human rights violations in India and worldwide.
November (24 days)	7A. Federalism 7B. Nationalism 8A. Local Government	Write a speech on "What does nationalism mean in the 21st century?"
December (26 days)	 8B. Secularism 9A. Constitution as a Living Document Post Mid Term Examination (Tentatively from the 3rd and 4th week of December) 	Organize a group discussion on religious tolerance and secularism
January (22 days)	10A. The Philosophy of the Indian Constitution	Group discussion on why do we need to go back to the Constituent Assembly.
February (24 days)	Revision of chapters from Book A & B	
March	Annual Examination	

Note: Download the syllabus from CBSE Academic Website for the session 2025–26 and follow the chapter-wise details.

DAV PUBLIC SCHOOL , KOYLANAGAR, DHANBAD. MONTH WISE SYLLABUS OF SESSION 2025-2026. CLASS-XI FINE ARTS(049)

MONTH	TOPIC	
JUNE	UNIT-1 1)Pre historicRock Paintings	
JULY	UNIT-1 2) Art of IndusValley civilisation	
AUGUST	UNIT-2 3)Art during Mauryan,Shunga,kushana and Gupta Period	
SEPTEMBER	UNIT-2 ART OF AJANTA	
OCTOBER	UNIT-3 INDIAN TEMPLE SCULPTURE	
NOVEMBER	UNIT-3 INDIAN BRONZE	
DECEMBER	UNIT -3 INDO- ISLAMIC ARCHITECTURE	
JANUARY	REVISION WORK	
FEBRUARY	ANNUAL EXAM	